



West Virginia Music Teachers Association

**Affiliated with Music Teachers
National Association**



www.wvmta.org WVMTA News Volume 48, Issue 4 September 2013

Notes from the President, Vicki Berneking Cavendish

Greetings to everyone! As we begin a new academic year, I find myself both looking forward to new challenges and rewards, and also reflecting on years past. This has been a wonderful two years as President of WVMTA. I am very grateful to have had an exceptional board to serve with these past two years.

Gary Mullenax planned an inspiring conference last year at Shepherd University, and this year's conference looks to be equally as good or better! I want to thank Gary and the rest of the board for a memorable two years.

I hope you are all planning on attending the conference in Morgantown, November 14-16. We have several distinguished guests, including the renowned pedagogue Dr. Nelita True.

There will be a very important vote to change our bylaws at the General Membership Meeting, Friday, November 15. Please read the announcement below and plan to attend.

Best wishes for a great year ahead!

Vicki Cavendish
President, WVMTA



Notes from the President-Elect, Gary Mullenax, NCTM

2013 WVMTA CONFERENCE SCHEDULE

The 2013 West Virginia Music Teachers Association Convention will be held November 14-16 at the College of Creative Arts, West Virginia University in Morgantown, WV. All events will take place within the Creative Arts Center.

This year's theme is "Sessions with Nelita True". Dr. True will present two seminars, a masterclass, and one of her former Eastman students, Dr. Sergio Monteiro, will present the featured concert on Friday evening.

The convention will begin Thursday evening, November 14, at 5:00 PM with the District Chairs and Board Meeting at Ali Baba's Restaurant. Ali Baba's features Middle Eastern cuisine along with American fare. The restaurant is located at 110 Hart Field Road at the Morgantown Municipal Airport. It is most easily accessed via the Airport Road exit from Interstate 68.

Dr. John Beall and friends will present a concert of Dr. Beall's compositions at 8:00 p.m. in Bloch Hall of the Creative Arts Center. Dr. Beall is a long time WVMTA member and Commissioned Composer. His program will feature new compositions along with selected favorites. Plan to attend a reception for Dr. Beall following his program in the CAC lobby.

Friday morning will open with Sheila Barnhart and Justin Krueger presenting "Technology Tricks, Tips and Tools for the 21st Century Studio Teacher," in Room 440 at 9:00 a.m. Websites, video editing, and using YouTube will be some of the featured topics.

At 10:15 a.m., Dr. Nelita True will present the workshop "Teaching: What's REALLY Important" in the Falbo Theater. Following Dr. True's session, it will be lunch on your own.

The afternoon sessions begin at 1:00 p.m. with conference clinician, Dr. Joanne Haroutounian presenting, "4th Finger on B-flat: Effective Strategies for Teaching Piano," in Room 424. At 2:15 p.m., Ms. True will present the seminar "Don't Play in Time" in the Falbo Theater. The final session of the day will be at 3:30 in Room 440 where Lisa Levinson will discuss aspects of the Alexander Technique.

The General Membership Meeting will be held Friday at 5:00 p.m. in the Blaney Seminar Room.

The WVMTA Banquet will be held on Friday, November 15, at 6:00 p.m., at the Terra Cafe, 425 Industrial Avenue in Star City. The Banquet will be buffet style featuring entrees of grilled chicken with mango salsa, pork loin, and mushroom lasagna. Sides will include garden salad, pasta salad, and grilled vegetables. Fresh fruit and vegetables, along with bruschetta, will be provided as appetizers. Beverages will be coffee, tea, and water. Wine and beer may be purchased at your own expense. Cost per person is \$30. Spouses and significant others are welcome to attend. Terra Cafe makes all of their food fresh in-house from scratch. Be sure to sign up for the Banquet on your Registration form!

The day concludes with internationally acclaimed Brazilian pianist, Sergio Monteiro, in concert in Bloch Hall at 8:00 p.m.

On Saturday, November 16, competitions will begin at 8:00 a.m. at various sites in the Creative Arts Center.

The Instrumentalist's Winner's Recital will begin at 1:00 p.m. in Bloch Hall.

Nelita True will present a Masterclass at 2:00 p.m. in Bloch Hall.

The Convention will conclude with the Piano Winner's Recital at 3:00 p.m., also in Bloch Hall.

DIRECTIONS

The College of Creative Arts is located in the Creative Arts Center

One Fine Arts Drive

Morgantown, WV 26506-6111

From I-79

Exit I-79 at Exit 155 (Star City/West Virginia University).

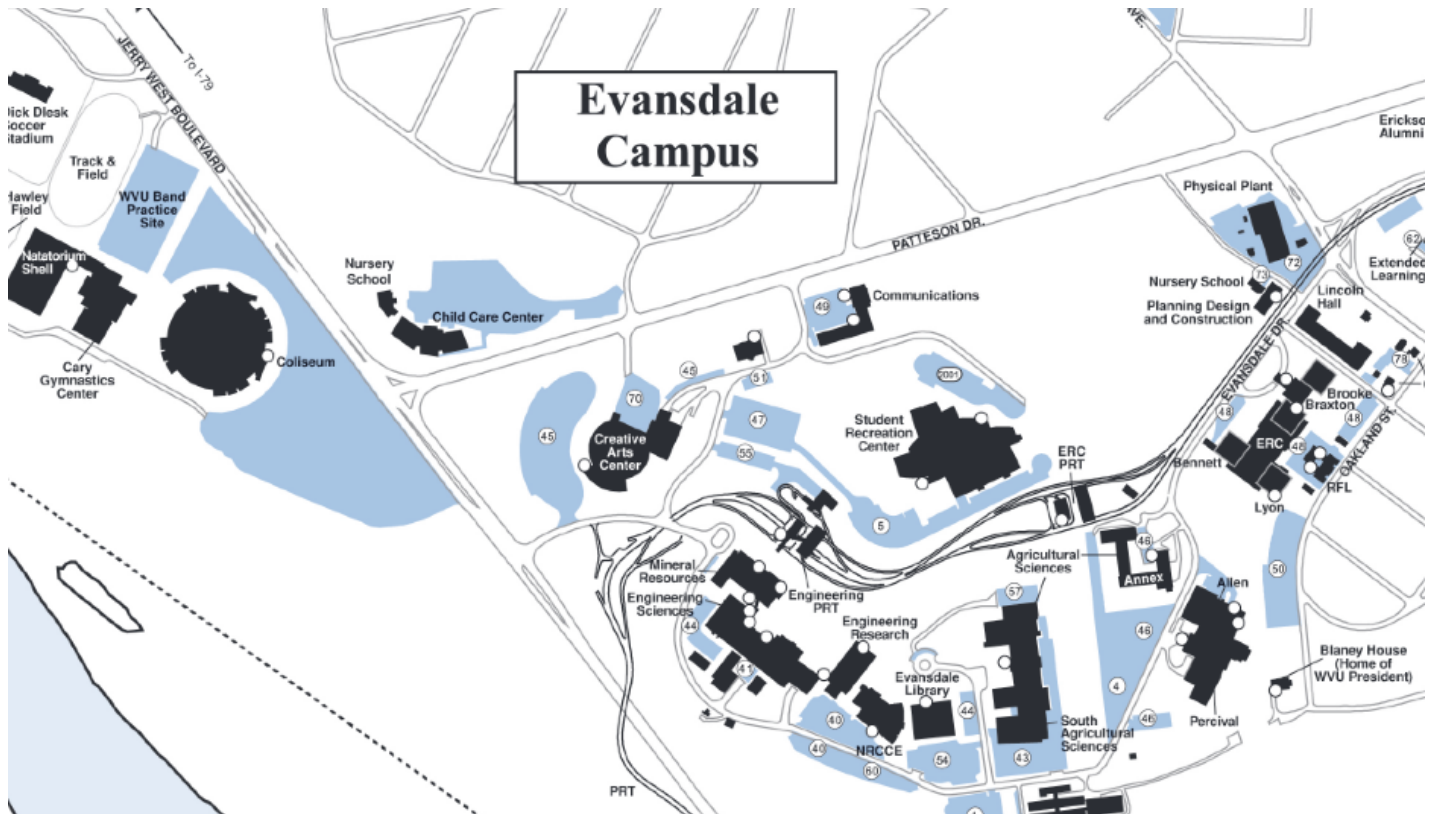
From 68 West

Follow I-68 West towards Washington. I-68 will intersect I-79. Take I-79 North to Exit 155 (Star City/West Virginia University).

From the Star City/WVU exit — Exit 155

Follow the signs toward Morgantown (Rt. 7). After crossing the Star City bridge, go through the first traffic light and up the hill to the second light. At the third light, turn left into the Creative Arts Center parking lot.

CAMPUS MAPS



HOTELS

Convention hotels for the 2013 WVMTA Convention are the Euro-Suites Hotel and Travelodge Inn.

Euro-Suites is located at 501 Chestnut Hill Road. You may reach them at www.euro-suites.com. On the web or call them at 1-800-6-SUITES (678-4837). The convention rate is \$92 per night, but the reservations must be made by OCTOBER 14, a month in advance of the convention.

The Travelodge Inn, located in Star City near the CAC, is providing WVMTA with a rate of \$69.99 per night. Call 304-599-4850 and request the WVMTA convention rate. Deadline for the convention rate is November 12.

SUGGESTIONS FOR DINING



RESTAURANTS

Texas Roadhouse	3505 Monongahela Blvd
Shoney's	3504 Monongahela Blvd
Arby's	331 Patteson Dr
Eat n' Park	353 Patteson Dr
Subway	356 Patteson Dr
Panera Bread	357 Patteson Dr
Wendy's	351 Patteson Dr
Volcano	372 Patteson Dr
Boston Beanery	382 Patteson Dr
Ogawa Japanese Restaurant	2920 University Ave
Panda	3909-D University Ave
Hibachi Japanese Steak House	3091 University Ave
Applebee's	1065 Van Voorhis Rd
Kenyan Café	1137 Van Voorhis Rd

Across the river in Star City in the University Towne Centre complex are a Chili's, Olive Garden, Longhorn Steakhouse, Cracker Barrel, Red Lobster, and Cheddar's. A myriad of restaurants are in the downtown area should anyone wish to venture there.

2013 WVMTA CONFERENCE SCHEDULE

Thursday, November 14, 2013

- 5:00 p.m. WVMTA District Chairs and Administrative Board Meeting at Ali Baba Restaurant. Located at 110 Hart Field Road at the Morgantown Municipal Airport, Ali Baba is most easily accessed via the Airport Road exit from Interstate 68.
- 8:00-9:00 Dr. John Beall and Friends Recital featuring the compositions of Dr. Beall (Bloch Hall, Creative Arts Center) with reception to follow in the CAC Lobby.

Friday, November 15, 2013

- 9:00-10:00 Sheila Barnhart and Justin Krueger presenting "Technology Tricks, Tips and Tools for the 21st Century Studio Teacher," (Room 440)
- 10:15-11:30 Dr. Nelita True presenting "Teaching: What's REALLY Important" (Falbo Theater)
- 11:30- 1:00 Lunch on your own (see suggestions for dining).
- 1:00- 2:00 Dr. Joanne Haroutounian presenting:, "4th Finger on B-flat: Effective Strategies for Teaching Piano," (Room 424).
- 2:15 Dr. Nelita True: "Don't Play in Time" (Falbo Theater)
- 3:30- Lisa Levinson discussing various aspects of the Alexander Technique (Room 440)
- 5:00 General Membership meeting (Blaney Seminar Room)
- 6:00 Banquet and Awards Ceremony at the Terra Cafe
- 8:00 Conference Artist Recital: Sergio Monteiro (Bloch Hall)

Saturday, November 16, 2013

- 8:00-3:00 WVMTA and MTNA Competitions (various rooms)
- 1:00 Winner's Recital -String, Voice, Composition-(Bloch Hall)
- 2:00 Masterclass with Dr. Nelita True (Bloch Hall)
- 3:00 Winner's Recital- Piano (Bloch Hall)

REGISTRATION FORM • WVMTA State Conference

November 14-16, 2013 • West Virginia University

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

**Please check all that apply and send this printed copy with check by
OCTOBER 15 to:**

Gary Mullenax, 18 Shady Lane, Martinsburg, WV 25401

_____ **\$30.00** WVMTA member registration fee (by **October 15th postmark**)

_____ **\$40.00** Non-member registration fee or postmarked after October 15thst

_____ **\$25.00** One-day registration

_____ **\$15.00** Student members of MTNA or NAFME

_____ **\$30.00 WVMTA Banquet at Terra Café (per person)**

_____ **\$ TOTAL** (make check payable to **WVMTA**)

Board Members: The District Chairs and Administrative Board meeting will be held at Ali Baba's Restaurant on Thursday, November 14, beginning at 5:00 p.m.

***Note: Teachers who enter students in the MTNA or Mountain State competitions
must register for the conference.**

GUEST ARTISTS AND CLINICIANS

Featured Conference Clinician: Dr. Nelita True

Since Nelita True made her debut at age seventeen with the Chicago Symphony in Orchestra Hall and her New York debut with the Juilliard Orchestra in Avery Fisher Hall, her career has taken her to the major cities of Western and Eastern Europe, Indonesia, Korea, Japan, Mexico, Iceland, New Zealand, Brazil, Australia, Canada, India, and to Hong Kong and Singapore, as well as to all fifty states in America. She was a visiting professor at the St. Petersburg Conservatory in Russia, performing and conducting master classes and has been in the People's Republic of China more than 20 times for recitals, concerto performances, and master classes.

Ms. True has been described in *Clavier Companion* as “One of the world’s most sought-after and beloved pianist-teachers.” Her students have won top prizes in national and international competitions, and many of her former students now serve on the faculties of major schools around the country.

Formerly Distinguished Professor at the University of Maryland, Ms. True is currently Professor of Music at the Eastman School of Music. She was awarded the Certificate of Merit by the Alumni Association of the University of Michigan, the Eisenhart Award for Excellence in Teaching at Eastman, the 2002 Achievement Award from the Music Teachers’ National Association, the Lifetime Achievement Award in Graduate Education from the University of Rochester, and a Lifetime Achievement Award from the National Keyboard Pedagogy Conference (USA).

Ms. True has been a jury member for the Dublin International Piano Competition, China International Piano Competition (Beijing), the Queen Sonja International Piano Competition (Oslo), the National Piano Competition in Brazil, the Horowitz Competition (Kiev), the Concours de Musique in Canada, the PTNA (Tokyo), the Lev Vlassenko Competition in Australia, and the Gina Bachauer, New Orleans, Hilton Head, and William Kapell International Piano Competitions in the U.S.

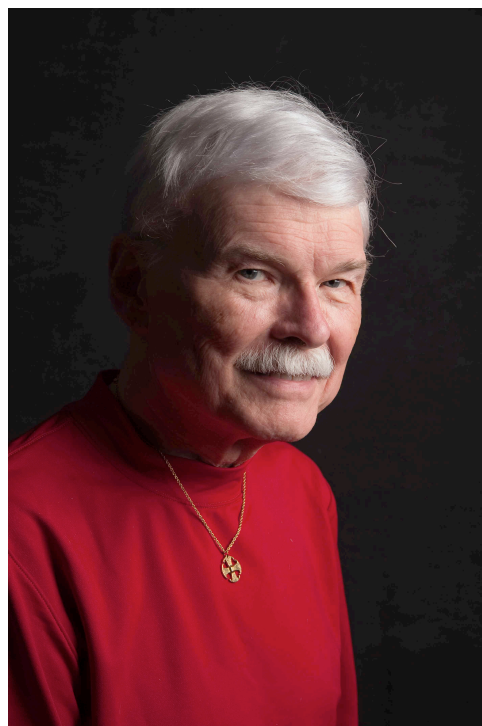


A Phi Beta Kappa graduate of the University of Michigan as a student of Helen Titus, Ms. True went on to Juilliard to study with Sascha Gorodnitzki, and then earned the DMA with Leon Fleisher at the Peabody Conservatory. In Paris, she studied with Nadia Boulanger on a Fulbright grant.

S and H Productions of Kansas City produced a series of four videotapes, "Nelita True at Eastman," featuring her performances, lectures, and teaching. These videos are currently being seen on five continents. She has been featured in articles in *Clavier*, *Piano Today*, *The European Piano Teachers' Journal*, and is the subject of cover stories in *Keyboard Companion* and *Clavier Companion*.

Featured Conference Composer and Artist, Thursday evening, November 14, 2013: Dr. John Beall

John Beall, Professor and Composer-in-Residence at West Virginia University since 1978, is a native Texan. The son of a Baptist minister, he grew up in Belton and Beaumont, and obtained his first degrees from Baylor University, a leading church-related institution. In those years Beall absorbed a deep classical musical culture; before college, he had become a capable pianist and string player, both double bass and cello, with a precocious knowledge of their literature. After serving four years in the United States Air Force, he attended the Eastman School of Music for his doctorate (Ph.D, 1973), obtaining the Louis Lane Prize and the Howard Hanson Prize, two of Eastman's highest composition honors. His principal teachers were Samuel Adler at Eastman, and Richard Willis and Charles Eakin at Baylor.



Beall's first academic positions were in Texas and Illinois, before he accepted the West Virginia position. In the succeeding years, even after his relocation to West Virginia, several of Beall's outstanding works, such as the Piano Fantasy and the Anglican Mass, continued to utilize serial materials and techniques; but there was a definite trend toward a more tonally-centered, yet still highly individualized harmonic and melodic syntax. Hymn and folk material, and the drive to communicate their emotional essence, played a large role in this transition.

But an unmistakably Appalachian orientation is felt as early as 1981, in the quartet for piano, violin, cello, and clarinet *On Chestnut Ridge*. *On Chestnut Ridge* utilized Fair Charlotte and Lover's Lament from Patrick Gainer's book, *Folksongs from the West Virginia Hills*. His 1997 opera, *Ethan Frome*, written in collaboration with librettist Jack Held, quotes the New England

fiddle tune, Soldier's Joy. At the same time Beall was becoming more deeply acquainted with the scenic wonders of his adopted state, its mountains, gorges, and whitewater, as well as its people. Often his chosen hymn tunes have a strong flavor of folk music. In his Sonata for Cello and Piano, 1984, he used the tune Softly and Tenderly Jesus is Calling. His Symphony No. 1 in 1985 used the hymn Dunlap's Creek; and the orchestral Mountain Music, 1987, used Am I a Soldier of the Cross, as well as Beall's original version of a barn-dance fiddle tune. His Symphony No. 2, "Spruce Knob," (2003) is named for the highest peak in West Virginia and uses the folk song, Come All You Fair and Tender Ladies as its signature melody. Folk tunes have also figured in more recent works such as the Sonata for Viola and Piano (2004) and the Piano Quintet (2008). The hymn tune Come, Holy Ghost is used in the recent band piece, Righteous Fire.

His music is published by Carl Fischer, and Southern Music Co. and also available through Theodore Front Musical Literature, Inc. Recordings of his music are found on Crystal Records (one LP) and Cambria (2 CDs), E.R.M. Media (2 CDs), and the West Virginia University Press (2 CDs).

Featured Conference Clinician: Dr. Joanne Haroutounian

Joanne Haroutounian serves on the George Mason University piano faculty, and oversees the University's piano pedagogy program. Dr. Haroutounian combines her musical careers in performance, teaching, writing, editing and pedagogy with research in educational psychology and gifted/arts education. She presents workshops and master-classes internationally, regularly presenting at national conferences of MTNA and Pedagogy Conferences. She was the keynote presenter at the Singapore International Piano Pedagogy Seminar in June 2009.



She is well known for editing and writing numerous teaching publications offered through Kjos Music Co., including her newly-released pedagogy text, *Fourth Finger on B-Flat: Effective Strategies for Teaching Piano*. She compiled and edited *Chamber Music Sampler*, a set of three books of piano trios for intermediate to moderately advanced performers. She also developed *Explorations*

in Music, a comprehensive curriculum in theory, ear training, analysis, and creative composition. The series has been described as the "favorite teaching material published in 1993" (Piano and Keyboard)," fascinating for students, a significant contribution to available theory materials"(Clavier), and a "landmark text that will enrich the learning process in the studio of any teacher who uses it" (American Music Teacher). The publication, *Kindling the Spark: Recognizing and Developing Musical Talent*, offered through Oxford University Press, provides information regarding perspectives of musical talent for teachers, parents, and pedagogy or music education students in college.

Dr. Haroutounian's specialized interest in working with talented music students grew into research that led to the development of the MusicLink program, which provides long-term private instruction to promising students in financial need. She is currently the Director of the MusicLink Foundation, a non-profit organization that has reached over 5,000 students in forty states and four Canadian provinces, providing 300,000 hours of instruction, equivalent to almost \$8 million in scholarship donation provided by volunteer MusicLink teachers. More information on this organization can be found [onwww.musiclinkfoundation.org](http://www.musiclinkfoundation.org).

Joanne Haroutounian Conference Session

Fourth Finger on B Flat: Effective Strategies for Teaching Piano

This text grew from sharing ideas with teachers across the country, so it is practical, user-friendly, and offers some unique strategies you can try in your studios. Are you seeking a better way to assess student capabilities during the initial interview? It is in there. Do you wish your students would have more input and interest in making decisions about interpretation of pieces? It is in there. What about some unique ways to develop practice routines that mirror ideas of deliberate practice, so prevalent in research and article? Want to get a bit more creative with your students? Studio business ideas are always welcome, whether you are a fresh teacher or an experienced teacher seeking fresh ideas to try. Let's share all that is "in there" together. The session will present a general overview of this new pedagogy text and focus on these ideas and more – including a comprehensive way to teach scales and technique, from beginning pentachords to multiple octavescales and arpeggios.

Featured Conference Clinician: Lisa Levinson



Lisa Levinson is an AmSAT-certified teacher of the Alexander Technique, and is also certified as a Registered Movement Therapist. Based in Pittsburgh, PA, Lisa has a lively private practice, and presents classes and workshops throughout the tri-state area. In addition, she teaches the Alexander Technique at Carnegie Mellon University's School of Drama, School of Music, and at the UPMC Center for Integrative Medicine. During the summers, she has been part of the teaching faculty at the annual Dalcroze Eurhythmics workshops at Carnegie Mellon, the Summer Choral Workshops at Youngstown State University, and the Dobama Emerging Actors Program in Cleveland, OH. She has presented the Alexander Technique to groups ranging from the Mendelssohn Choir of Pittsburgh to the American Mensa Annual Gathering. Lisa has extensive experience working with

musicians, actors, and people with pain issues, and has a special interest in exploring the relationship between breath, movement, and sound.

Featured Conference Clinicians:

Sheila Barnhart and Justin Krueger, NCTM, presenting:

“Technology Tricks, Tips, and Tools for the 21st Century Studio Teacher”

Revitalize your teaching methodology. Communicate with students in mediums they are familiar with. In the 21st century there is a lot of competition for the attention of our children, and so often piano lessons do not win. Using the technology available for music instruction can be key to student interest and retention. Learn about software, apps and websites that can be used in the studio to improve musicianship through:

ear training, listening, composition, music theory, music history, and more. We want to teach well-rounded musicians!



Sheila Barnhart is currently a DMA candidate at West Virginia University studying Piano Performance with Dr. Christine Kefferstan, and serves as the Graduate Assistant Piano Technician. She earned an MM from WVU and a BM from Westminster College where she studied with Dr. Nancy Zipay-DeSalvo. Her article *Engaging, Accessible and Fresh: Ferruccio Busoni's Two-Piano Transcriptions of Works by Mozart* was published in the September 2011 issue of the MTNA E-Journal, a collaborative effort with Dr. Kefferstan.

Awarded the 2010 WVU Graduate Enrichment Fellowship, Barnhart is an active member of the WVU collegiate chapter of the Music Teachers National Association, and teaches in the WVU Community Music Program. She was a 2010 winner of the Young Artist concerto competition at WVU, and has performed for numerous master classes, including performances for Dr. Laura Melton of Bowling Green State University and French-Italian pianist Olivier Cavé. Barnhart has also performed as an invited Guest Artist for the Steinway Society of Western Pennsylvania's lunchtime concert series, and at Westminster College.

Justin Krueger NCTM is a DMA student at West Virginia University studying piano with Dr.



Peter Amstutz. He previously earned an MM in Piano Pedagogy studying with Dr. Sylvia Coats and piano with Dr. Andrew Trechak at Wichita State University, where he was also a graduate teaching assistant. He has won several accolades for his performance and his teaching, and is also active in the MTNA organization where he holds National Certification.

FEATURED CONFERENCE ARTIST: Dr. Sergio Monteiro



Internationally-acclaimed pianist Sergio Monteiro will present the WVMTA Convention's Friday night Recital. A native of Brazil, Dr. Monteiro has given critically acclaimed concerts throughout Europe, North America, and South America. Dr. Monteiro achieved fame by winning the second annual Martha Argerich Piano Competition in 2003. Ms. Argerich proclaims that Dr. Monteiro is "an artist with extraordinary creativity and energy."

Awarded a scholarship to study in America, Sergio Monteiro earned his Doctorate of Musical Arts from the Eastman School of Music where he studied with our featured clinician, Nelita True. While at Eastman, Dr. Monteiro earned numerous accolades while earning the Performance Certificate and winning the Concerto Competition.

Dr. Monteiro has appeared with every important Brazilian orchestra, as well as orchestras throughout Europe. An energetic champion of Brazilian music, Sergio Monteiro has been honored by many composers with invitations to give premieres of original compositions dedicated to him. In 2008, he recorded a CD of the complete cycle of Villa-Lobos' "Prolo do Bebe".

Currently, Mr. Monteiro is the head of the piano program at the Wanda L. Bass School of Music at Oklahoma City University. Mr. Monteiro's program will feature Villa-Lobos' "Prolo de Bebe" No. 2, Book 1 of Albeniz's "Iberia Suite" and works by Mendelssohn and Schumann.

2013 WVMTA CONFERENCE Program Ads

The Board of Directors would like to invite you to consider a donation to the 2013 WVMTA State Conference Program Book. The WVMTA Conference will be held November 14-16, 2013 at West Virginia University in Morgantown, WV. Your donation will provide for you an opportunity to visually display your conviction to the importance of music education in all our lives.

Below are prices and instructions for purchase of a range of ad sizes – from full-page to “I’m a music education supporter” one-liners – to be included in our conference program book. For individual WVMTA members, collegiate student chapters, and WVMTA district associations there will be a special 15% discounted rate on all below prices.

Business/Institutions that donate services, facilities, student awards, etc. valued at \$100 or more, to this year’s conference/competitions will receive a full-page ad FREE, AND additional FREE exhibit-display space at the conference registration area! WVMTA is a 501c3 non-profit educational corporation. All donations are tax deductible. WVMTA reserves the right to accept or deny ads for publishing.

WVMTA/VMTA Conference Program book ads (please check):

_____ Full page (4.5” x 8”) \$100 _____ Quarter page/business card (4.5” x 2”) \$30 _____ Half page (4.5” x 4”) \$55 _____ Eighth page (2.25” x 2”) \$20 _____ ”Music Education” Supporter \$10 (one-line name listing)

*Special 15% discounted rate on all above prices for individual WVMTA members, collegiate student chapters, and district associations.

Please provide camera-ready artwork (b/w) or business card. Email attachments will also be accepted.
Deadline: **September 30, 2013.**

Mail this signed contract, ad copy, and check (made out to WVMTA) to:

Gary Mullenax, NCTM
18 Shady Lane
Martinsburg, WV 25405

Email: garmullenax@aol.com

Amount of check: \$ _____

Name of Advertiser: _____

Contact Name: _____

Address: _____

City, State, Zip: _____

Signature: _____ Date: _____

IMPORTANT ANNOUNCEMENT: VOTE TO CHANGE BYLAWS

MTNA was under investigation by the FTC to determine if the clause in their Code of Ethics: "The teacher shall respect the integrity of other teachers' studios and shall not actively recruit students from another studio," unlawfully restrains competition among music teachers. In response to this investigation, MTNA has changed the wording of their Code. The new wording appears on their website, under "Commitment to Colleagues". Please visit <http://www.mtna.org/about-mtna/code-of-ethics/>.

MTNA suggests that the bylaws of each state organization strongly encourage voluntary compliance with MTNA's updated Code of Ethics. Currently, WVMTA's bylaws state: "Acceptance of membership includes an agreement to abide by the Code of Ethics of the Association" (found under Article 1 – MEMBERSHIP, Section 1). Thus, WVMTA will be voting on the following changed wording at our General Membership Meeting, Friday, November 15, 2013, at 5:30 p.m.:

WVMTA strongly encourages its members to abide by the MTNA Code of Ethics.

Please make every effort to attend this meeting so that we can vote on the change to our bylaws.

MTNA Foundation Raffle Items

At the 2013 WVMTA Conference, we will hold a raffle to earn money for the MTNA Foundation. Each **district** is asked to contribute **one** item to the raffle (in the spirit of the raffle they hold at the MTNA national conference, where each state donates an item).

Please let your district chair(s) or myself know if you have something you can donate to the raffle, even if you cannot bring it to the conference. We would appreciate donations of the following types of items for the conference raffle: **gift baskets or gift certificates from a well-known business in your district** (Holl's chocolates, Ryder Pharmacy, Lakeview or Stonewall resort, Ridgefield Farm, etc.).

Most businesses will donate the items to us because we are a 501c3 non- profit organization, and their donations are tax-exempt.

Please bring your items to the registration table at the conference, where we will set up a display and sell tickets during registration hours. Raffle winners will be announced at the Saturday afternoon winners' recital and you need not be present to win.

Gary Mullenax, NCTM, President-Elect

2013 WVMTA Distinguished Teacher of the Year

Congratulations to Christine Kefferstan who has been elected 2013 WVMTA Distinguished Teacher of the Year! Dr. Kefferstan will receive her award at our state conference banquet in November.

Notes from Christine Kefferstan:

I discovered my "teaching heart" by working with Anna McGrosso, David Bar-Illan, and Sedmara Rutstein. Each mentor had a very personal approach to my training, but each focused on the greatness of the music and the imprint it made on their lives. My undergraduate degree is from Illinois Wesleyan, and my MM and DMA degrees are from the Cincinnati Conservatory. Both schools promote an education that fosters artistry as well as a thorough understanding and appreciation of history, theory, and the foundations of Western Art Music.

As a professor at WVU since 1979 (!), I have had the great joy of working with students from many countries and of varied backgrounds, from pre-school to doctorate level. Each student comes with the expectation that I will help them. Teaching has been the stimulus for my own growth, searching to find the best way to communicate not only musical knowledge but life skills as well. Former students are now teaching music and humanities courses in colleges, private lessons in studios, and performing with major and less-known ensembles throughout the US and Asia. This summer I will visit many of my former students in Malaysia and Indonesia as my daughter and I perform 6 concerts of music for two pianos. I cannot believe my good fortune! No matter how much terrain you cover, there is far more to explore. If you have ever climbed a mountain, you know that reaching the summit feels good; but once you take in the unlimited view, you become aware of how much more there is to experience.

About three decades ago, John Hawkins asked me to organize a summer WVMTA conference. How smart I was to say yes! That introduction to the members of our state led to many more connections as I eventually served as state president, Eastern Division president, and board member for the Foundation and for the national organization of MTNA. Over the years, it became evident to me that this is a well-governed, caring, and thoroughly professional teaching community. My students have had opportunities that contributed in the most positive ways to their maturing musicianship and sense of self-worth. Auditions, competitions, conference presentations, published articles, student chapter organizations, trips to conferences, rubbing elbows with guest artists, and enjoying concerts together are but a few of the benefits that my students and I have shared through MTNA. There is no doubt in my mind that I am a better teacher for having participated in many aspects of MTNA membership.

Past Teacher of the Year Award Recipients:

1991 Peggy Johnston, NCTM	1992 Christine Kefferstan, NCTM
1993 Carol Beall, NCTM	1994 Linda Seime, NCTM
1995 Lena Lim, NCTM	1996 Mary Wilson
1997 Ray Martin, NCTM	1998 Leslie Petteys, NCTM
1999 Ruth Carder, NCTM	2000 Catherine Crotty, NCTM
2001 Bonnie Miltenberger	2002 no award given
2003 Lya Cartwright	2004 Olive Meyer, NCTM
2005 Mila Markun, NCTM	2006 Scott Beard, NCTM
2007 Elaine Tutt	2008 Vicki B. Cavendish
2009 Harriet Tucker, NCTM	2010 Jan Jemison Smith, NCTM
2011 Mary Ellen Morrison, NCTM	2012 Hooi Yin Booeey
2013 Christine Kefferstan, NCTM	

2013 WVMTA Distinguished Leader of the Year

Dr. Mary Lynne Bennett, NCTM, will be honored at the upcoming state conference in Morgantown, WV, as the recipient of the WVMTA 2013 Distinguished Leader of the Year Award.

Mary Lynne Bennett, NCTM, is on the piano faculty at Duquesne University, teaches in her home studio in Allison Park, PA, is a church musician, and a mother of three young musicians. She taught piano and music education at Fairmont State University from 2003-2012. Dr. Bennett's students from Fairmont State now serve as successful music educators across the state of West Virginia and beyond. During her tenure teaching in West Virginia, Mary Lynne served as certification chair, treasurer, president-elect, president and now immediate past-president of WVMTA. She also served as the Eastern Division Certification Commissioner for MTNA from 2007-2009.

♦ This award is based on accumulated years of leadership and service contributed to the organization, over and above 10 years.

♦ This award will be based on whether the award was or was not already received by a particular member previously. The award CAN be granted to the same individual more than once.

♦ This award will be based on the recommendation, every year, of the current committees' research and records (If you are interested in becoming a future member of the Awards Committee, please notify Vicki Cavendish or Gary Mullenax, NCTM). The Distinguished Leader of the Year Award was begun in 2006, replacing the "Member of the Year Award."

Member of the Year Honorees

1991 Mary Shep Mann, NCTM	1998 Jean Douglass, NCTM
1992 Bobby Loftis, NCTM	1999 Connie Arrau Sturm, NCTM
1993 Judy Lambert, NCTM	2000 Olive Meyer, NCTM
1994 Jane Mangus, NCTM	2001-02 no awards given
Sandra Hastings	2003 James Miltenberger
1995 Mila Markun	2004-05 no awards given
1996 Marija Sommer, NCTM	
1997 Marguerite Bostonia, NCTM	

Distinguished Leader of the Year Honorees

2006 Barbara Heckert	2010 Gary Mullenax, NCTM
2007 Carol Beall, NCTM	2011 Janna Kisner, NCTM
2008 Mary Wilson	2012 Scott Beard, NCTM
2009 Karen Taddie, NCTM	2013 Dr. Mary Lynne, Bennett, NCTM

WVMTA 2013 STATE BOARD NOMINATIONS,

Dr. Mary Lynne Bennett

The 2013 nominating committee has prepared a slate of officers for the election to take place at the 2013 state conference this year. Currently, the office of President-Elect does not have a nominee because no one that the nominating committee approached accepted the nomination. The nominating committee would like to invite members who are interested in serving on the WVMTA board and helping our organization continue to run smoothly to contact us about service in some capacity. Below is the current slate to be voted on at the November annual meeting.

Immediate Past President: Vicki Cavendish

President: Gary Mullenax, NCTM

President-Elect: vacant

1st Vice-President: Gerald Lee

2nd Vice-President: Ruth Carson, NCTM

Treasurer: Henning Vauth

Secretary: John Morrison

Respectfully submitted,

Mary Lynne Bennett, NCTM

Chair, Nominating Committee

Notes from Arts Advocacy and Awareness Chair, Ruth Raubertas

Music in the Medical World by Ruth Raubertas

Healing with the use of music is an ancient art that has fallen into disuse in our specialized and compartmentalized medical world. There are signs, however, that music, along with other alternative healing modalities, is coming back into use by medical doctors and institutions. Music as a healing art can be traced back to Egypt and to Pythagoras, the Greek mathematician who developed the modern scale and attributed specific emotional states to the various modes. Most of us are also familiar with the story of David, from the Old Testament, who plays the harp for King Saul to calm Saul's fear and depression. Another story from the 1960s is told by the French physician Albert Tomatis who was called in by a monastery to diagnose a strange affliction of the monks who were exhibiting extreme listlessness and depressed moods. Tomatis discovered that, until a recent change in administration, the monks had been singing Gregorian chant several hours a day. Once the singing was re-instituted, the monks returned to health. In his 1999 book *The Healing Power of Sound: Recovery from Life Threatening Illness Using Sound, Voice and Music*, oncologist Mitchell Gaynor reported marked improvements among his patients who were treated with music or sound therapies in addition to standard cancer treatments. He cited numerous studies that provided evidence of healing. Studies of patients with recent heart attacks who listened to "relaxing music" showed reduced anxiety, heart and respiratory rates as well as fewer complications. Other studies show reduced blood pressure, heart rate, and noise sensitivity in heart surgery patients. (Too much noise, on the other hand, can increase blood pressure.) Studies of immune system functions showed similar improvements. According to Dr. Raymond Bahr of Baltimore's St. Agnes Hospital, "Half an hour of music produced the same effect as ten milligrams of valium."

Music Therapy as a profession had its beginnings after World War I when musicians began playing in clinical environments. The American Music Therapy Association, a merging of two groups, was formed in the late 1990s. Around the same time the related field of "therapeutic music" gained interest and various training programs arose. (These programs are largely, though not exclusively, geared toward certain instruments such as harp, guitar, flute and voice.) According to the National Standards Board for Therapeutic Musicians, founded in 2003, "The practice of the therapeutic musician is to use the intrinsic healing elements of live music and sound to provide an environment conducive to the human healing process." Some goals of the therapeutic musician are to:

- Augment pain management of the terminally ill
- Relieve anxiety of the chronically ill
- Accelerate physical healing of postsurgery and injured patients
- Ease the delivery process of the birthing mother
- Facilitate the transition process of the dying
- Reduce stress and blood pressure of the chronically ill
- Relieve body and mental tension of pre-operative patients.

The point of all this for us as music teachers is to think outside of our "box." If nothing else, we

need to impress upon ourselves and our students that the uses of music go way beyond entertainment and “performance.” If we can consider the idea of music as a service to others, in which the focus is not on the musician but rather on the listener as someone in need, perhaps some of the performance anxiety of our students could be eliminated. There's nothing like the presence of a person in pain or even one close to death to humble us and help us remember that we are just conduits for the gift of music to others.

Treasurer's Report, Margie Cooper

Our BB&T bank account has a balance of \$19,207.88.

Our 1 year CD is valued at \$10,227.80

Our 5 year CD is valued at \$10,072.06

Respectfully submitted,

Margie Cooper

WVMTA Treasurer

MTNA Eastern Division Competitions, Dr. Scott Beard

The 2014 Eastern Division MTNA Competitions will be held January 10-12, 2014 at Penn State University, Music Buildings 1 & 2. Our site coordinator is Dr. Stephen Smith.

MTNA Membership Campaign WVMTA Challenge and Incentive

WVMTA sponsored another membership contest this year as part of MTNA's "Involve, Inform, Inspire" campaign. The district/student chapter recruiting the most new members will be awarded a luncheon of up to \$10 per person. And the winner is.....West Virginia University Collegiate Chapter!! Congratulations to the members of WVU Collegiate Chapter!

Notes from Certification Chair, Janna Kisner

MTNA Professional Certification

Do you want to take your professionalism to the next level? Did you know that the [MTNA Professional Certification Program](#) exists to accomplish that goal? Certification is a process that validates an individual's qualifications for a specific field of professional practice. It demonstrates to employers, clients and peers that which the individual knows and is able to do. It signifies commitment to continued excellence in professional practice. In addition, it

increases visibility, builds credibility, provides a goal for personal professional achievement, and validates expertise for the individual and to those outside the field. The MTNA Certification Program exists for teachers who teach music to students of any age level in private or group settings. The program is based upon a set of five standards defining what a competent music teacher should know and be able to do.

For more information about the Certification Program, visit the [website](#) or contact jannakisner@yahoo.com, the national headquarters at (888) 512-5278 or mtnacertification@mtna.org.

MTNA Certification - WVMTA Challenge and Incentive

\$100 Reimbursement Check Available

For any newly certified NCTM!

Yes, for anyone who successfully becomes a NEW NCTM! No stipulations. Receive a \$100 award from the WVMTA board for completing certification which covers half of the current \$200 fee. Find out the latest information on requirements for the national certification program at <http://www.mtnacertification.org/>

(This award does not apply to people who complete their renewals or their permanent professional certificates. This award is only for newly certified.)

Certification Drawing

Value: \$200

Our certification program has a drawing at each year's state conference to allow one person to win a free \$200 application fee for MTNA certification. This year, any member (regular or collegiate) may enter your name in the drawing prior to the state conference and the winner will be drawn at the state conference. The winner need not be present to win, although we encourage all members to attend state conferences.

This \$200 scholarship is available as a reimbursement upon the successful completion of all requirements for certification within the next two years.

Contact Janna Kisner, NCTM, certification chair, to enter the drawing. jannakisner@yahoo.com

Find out the latest information on requirements for the national certification program at <http://www.mtnacertification.org/>

Collegiate Members are eligible to enter the certification drawing.

District Reports

Morgantown MTA/District I Report:

The District I Fall Festival will be held on November 2, 2013. The theme of the Festival is "Music from the Movies."

Technique exams will be held on November 8, 2013

Music Development Program Performance Exams will be given on December 7, 2013.

Music Development Program Written Exams will be held on December 14, 2013.

Mary Morrison, NCTM; and Mary Wilson, Co-Chairs

Clarksburg MTA/District II Report:

The District II Fall Festival will be held at Wilcox Chapel, Alderson Broaddus University in Philippi on Saturday, November 23, 2013.

Dr. Hooi Yin Boey, Chair

Charleston MTA/District III Report

District III welcomes new co-chairperson, Mary Beth Kirkpatrick.

The theme of the District III Fall Festival will take place on November 23, 2013. The theme will be "Rhythm," and the speaker will be new member, Melanie Taylor. We will have our theory test on March 22, 2014, and our Spring Adjudications will be May 3, 2014.

Karen Morris and Mary Beth Kirkpatrick, Co-Chairs

Mid-Ohio Valley MTA/District IV Report:

Fall Festival for the Mid-Ohio Valley MTA will be October 19, 2013 at Trinity Episcopal Church in Parkersburg. Students are planning a piece of their choice and providing a spoken introduction to the piece.

Barbara Heckert, Chair

Huntington MTA/District V Report:

District V welcomes new co-chairperson Kim Wiebe. Kim will fill the position previously held by Cindy Counts, and will serve alongside DeNeil Hartley.

The Fall event for District V will be Pianorama on November 23, 2013.
Dates have been secured for spring events.

D'Neil Hartley and Kim Wiebe, Co-Chairs**Eastern Panhandle MTA/District VI Report:**

District VI welcomes Dr. Yu-Hsuan Liao as new District chair, and extends very best wishes to Susan Petzold-Carpenter, previous chair, as she moves to Riyadh, Saudi Arabia. See WVMTA Newsletter "Footprints" for more information about Ms. Carpenter.

The EPMTA Fall Festival is scheduled for Saturday, October 12, 2013. There will be a presentation by Adam Booth, (www.adam-booth.com) who will present an exploration of the music of Appalachia. Beginning with indigenous music and the traditional music brought from immigrants, the presentation will look at instruments, balladry, musical genres, history, and a few theoretical ideas behind folk music of the Appalachian mountain. Bringing these influences through time, the presentation will look at how traditional music influenced Appalachian popular music of the 20th and 21st centuries, including the development of country and bluegrass. The presentation will include live demonstrations of traditional Appalachian music. Adam Booth tells stories that blend and share generations of Appalachian and Jewish heritage with life lessons and a little bit of mischief. He is a four-time champion of the WV Liars' Contest and winner of storytelling contests in three other states.

The EPMTA Winter Recitals will take place on Saturday, December 7, 2013. Our theme will be rather wide-ranging, incorporating holiday music, ensembles and chamber music as possible. We are interested in welcoming a wider range of students and teachers to our organization, and are hopeful that welcoming musicians other than pianists will help to achieve this goal. All events will take place in the Frank Center for the Arts, Shepherd University.

Dr. Yu-Hsuan Liao, NCTM, Chair

2014 Siegel-Hoffmann Concerto Competition

Information regarding the February 8, 2014 Siegel-Hoffmann Concerto Competition at Shepherd University is now posted online at http://wvmta.org/files/Siegel_Hoffmann_2014.pdf. Students from elementary school through college are eligible to participate in this event held in Shepherdstown, WV. Founded by Dr. Scott Beard, NCTM, the competition is named for Judith Siegel and Helen Hoffmann, two teachers who stressed the importance of ensemble music, especially concerti.

Postmark deadline for registration is January 18, 2014.

FOOTPRINTS

Our best wishes to Mary Morrison's (District I) continued good health after her recovery from recent hospital treatments and surgeries.

Congratulations to Karen Morris, Co-chair of District III, beginning a new position at Mountaineer Montessori, developing and teaching their music program.

Our best wishes to Susan Petzold-Carpenter, NCTM, of District VI in her upcoming move to Riyadh, the capitol of Saudi Arabia. Susan says that "It was actually my first 13-year "tour" in Saudi that got me back into music. I had been working as a retail buyer and merchandise manager for the previous 16 years but was not officially allowed to work in Saudi. So, I decided to try a little music teaching and the rest is history." Susan will be living with her husband, Dale, in a spacious villa on a compound called "Ishbilia." She plans to retain her MTNA membership and teach piano during the school year.

From National Public Radio:

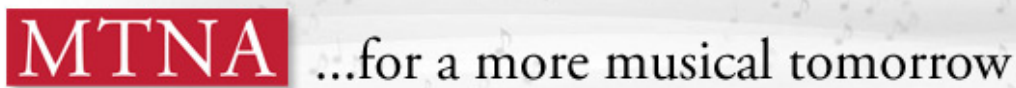
Links to Articles by Anastasia Tsioulcas, Associate Producer for NPR Music, on Encouraging and Optimizing Effective Music Practice:

<http://www.npr.org/blogs/deceptivecadence/2012/06/18/155282684/getting-kids-to-practice-music-without-tears-or-tantrums>

<http://www.npr.org/blogs/deceptivecadence/2013/09/03/216906386/10-easy-ways-to-optimize-your-music-practice>



MTNA membership is accompanied by many benefits, but one you may not know about are the discounts offered exclusively to MTNA members from partner retailers and businesses. MTNA encourages members to take advantage of savings in office supplies, prescriptions, publications, teacher training and travel. MTNA has partnered with the following companies: Office Depot, Prescription Savings, *Making Music*, *Musical America*, Oxford University Press, PianoBuyer.com, Kindermusik, Avis, Budget, Motel 6, Red Roof Inn and Wyndham Hotel Group. For more information, visit <http://www.mtna.org/member-discounts/>.



The 2013 MTNA Directory of New Music and Instructional Materials is now available on the MTNA website. The directory can be accessed by clicking [here](#).

The directory is searchable by publisher, title, author, keyword and level of difficulty, and provides information for many of the various new products available music teachers. Inclusion in this directory should not be considered an endorsement by MTNA.

Be sure to check out the following publishers who participated in the 2013 Directory of New Music and Instructional Materials and who also advertised in the August/September 2013 issue of **American Music Teacher** magazine:

Brookside Press
Hal Leonard Publishing Corporation
Indiana University Press
Keys to Imagination



The High Note in Music Learning

We provide the best quality music education to young children by blending the pleasure and the joy of music making with sound instruction. Group music lessons for children ages 3 and up.

Teaching opportunities available in West Virginia!

Please contact: Vicki Lewis 440-333-3829 v.lewis@myc.com

News is published quarterly online at www.wvmta.org and mailed to members who do not have an email address. If you have a change of street address or email address, contact MTNA at <http://www.mtna.org> or call 888-512-5278

Ruth Carson, Newsletter Editor carsonruth(at)verizon(dot)net

Volume 48, Issue 4

September 2013
